



# MASSAGE TREATMENTS

Hotel San Marco  
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NO VACATION IS COMPLETE WITHOUT TREATING YOURSELF OR GIFTING RELAXATION TO A LOVED ONE. CHOOSE YOURS.

## *Massages that regenerate the body...*

### LOCALIZED DECONTRACTING MASSAGE (40 min)

**50,00 €**

Specific for muscle groups, it relaxes contractures in the treated area and increases tissue oxygenation, producing an analgesic and relaxing effect that promotes muscle release.

A true cure-all after a day on the slopes or a long walk.

### LEG LYMPHATIC DRAINAGE (40 min)

**50,00 €**

Specific for the lymphatic system, it improves blood circulation and fat deposits, increasing skin elasticity and reducing blemishes caused by water retention.

Also used in sports, available here as a cosmetic and healing treatment.

Particularly recommended for arthrosis.

### BASIC SWEDISH MASSAGE (50 min)

**70,00 €**

The most complete of Western massages, it works on muscle groups throughout the entire body. It promotes fluid drainage and reduces blemishes caused by water retention. A perfect combination of muscle release and general relaxation without causing pain. The vegetable oil used during the massage leaves the skin hydrated and supple.



*...And those that lighten the mind, too*

AROMA MASSAGE (50 min)

**70,00 €**

With a gentler, more relaxation-oriented approach, the Aroma Massage combines beneficial effects on circulation and muscles with a reduction in cortisol levels—known as the stress hormone—in the brain. The wide selection of essential oils allows us to create a tailor-made experience focused on your specific needs, making every session personalized and unique.

HAWAIIANO LOMI LOMI NUI (50 min)

**70,00 €**

Offering a unique approach to relaxing both body and mind, during this massage you will clearly feel your muscles unwind and your stress melt away. You will also experience the sensation of floating on the ocean, with nothing to do but let yourself be cradled. An exotic experience that will leave you with a lasting memory of peace and harmony.

KIREI KOBIDO - FACE MASSAGE (50 min)

**70,00 €**

From an ancient Chinese tradition, this combination of Beauty (Kirei) and Youth (Kobido) gives new life to the skin by enhancing its natural tone. It restores tissue elasticity, reactivates circulation and drainage, and stimulates collagen and elastin production, helping to reduce the signs of aging.





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